

Hari Sankar Foundation

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Quarterly Activity Report

April 2023 to June 2023

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Introduction

Location

Jivacha Pada, a habitat of Tribal/Adivasi community situated in Aarey milk colony, Goregaon East, Mumbai.

Mission

Hari Sankar Foundation is an initiative by Kusters, Netherlands in Memory of Hari Sankar, founder of Kusters Engineering India. A non-profit organization started in April 2012, with the prime objective of carrying forward the ideals of engineering excellence, humanitarian values and extra commitments which Hari Sankar always stood for.

Goal

Wellbeing of children, families through sustainable development process.

Outcomes

- Enhanced academic performance of children 3 12 years in target area.
- Enhanced intellectual wellbeing of teenagers 13 18 years.
- To prevent children and women from being abuse and trafficked.
- Improved health seeking behaviour

Accomplishments

Education

Coaching classes

The coaching classes for 40 students (24 in primary and 16 in middle and high school) were conducted successfully during the reporting period from April 23 to June 23. The project focused on improving students' learning, particularly in English, mathematics, and science. The objective of the coaching was to enhance students' skills in reading and writing, preparing them for academic success.

The final examinations have been completed, and all students attending the coaching classes passed successfully. The project observed that children actively participated in classes and demonstrated a keen interest in their studies. Additionally, the project noted that parents were pleased and actively supporting their children's home study efforts.

Summer Camp

During the summer holidays, the Harisankar Foundation organized a 10-day summer camp for children who stayed back in the community and were unable to go on vacation to their relatives' places. A total of 15 children enthusiastically participated in the summer camp, where the Harisankar Foundation provided support by supplying sports materials such as badminton equipment, snake & ladder games, puzzles, skipping ropes, tennis balls, and tennikoit rings. The children were visibly happy upon receiving the sports materials, and it is expected that such equipment will help them stay healthy and fit.

Skill Training

Computer Classes

After the successful completion of the first batch consisting of 05 students in the month of February 2023, the Harisankar Foundation initiated the second batch comprising 08 students from the Adivasi Pada on April 15, 2023, with the program lasting until July 2023. The course encompasses basic computer knowledge, including Excel, Word, PowerPoint, letter drafting, and internet usage. Following three months of rigorous training, all 8 students will undergo examinations and receive certificates of completion.

Members from Kusters Engineering generously devoted their valuable time to facilitate teaching and support these 8 students in need. The project is committed to educating the youth of Adivasi Pada, aiming to equip them with various skills that can serve as an additional source of income for their families. This is particularly crucial as many parents work as laborers, and their earnings are limited.

Career Guidance for Youth

The Harisankar Foundation initiated a career guidance program for the youth of Adivasi Pada in the month of June, following the declaration of Secondary and Higher Secondary board examination results. The objective of this program is to empower youth with various career options, enabling them to move forward and contribute financial support

to their families. A total of 18 youths from the community participated in the career guidance program, led by resource person Mrs. Supriya Nirmal.

During the program, the following topics were covered:

Self-Assessment

Reflect on your interests, skills, values, and personality. Self-awareness can help identify potential career paths.

Research Career Options

Explore various careers according to education, providing opportunities for growth and the utilization of skills.

Preparation

Focus on personality development, which is crucial for youths in facing interviews and developing their careers.

In addition to guidance, Mrs. Nirmal conducted various exercises on career paths, such as exploring areas of interest and understanding the visions and dreams of the youths regarding their careers. The project observed that all 18 youths enthusiastically participated in the guidance program. Towards the end of the session, various questions about careers were posed, and Mrs. Nirmal satisfactorily addressed the youths' queries.

Health and hygiene

Awarness Program

In June 2023, the Harisankar Foundation conducted an Awareness Program on Health and Hygiene, especially for adolescents, in partnership with the Shakti Vahini organization, which works for the school for justice. A total of 18 girls participated. The resource person, Mrs. Supriya Nirmal, conducted few activities with the girls. The girls were asked to state their names and write down what is more important among wealth, health, character, family, and friends.

It was observed that most of the girls considered wealth and friends more important than health. The resource person emphasized that health is the most important aspect. Health is wealth, and individuals need to prioritize their health. If our health is good, all other factors become achievable. Importance of health and hygiene was also discussed.

Importance of Menstrual Hygiene was discussed, which is crucial for young girls. There are various myths about menstruation, but advanced education teaches us how to take care of ourselves during such times, maintaining good health and hygiene to prevent various diseases.

Picture Gallery

Coaching and Summer Classes







Computer Coaching





Career Counselling







Health and Hygiene Program for Girls


